## 50+ Inspirational Quotes for Sick Kids

- 1. The best way out is always through. Robert Frost
- 2. You're braver than you believe, and stronger than you seem, and smarter than you think. A.A. Milne
- 3. It always seems impossible until it's done. Nelson Mandela
- 4. Keep your face always toward the sunshine-and shadows will fall behind you. Walt Whitman
- 5. A smooth sea never made a skilled sailor. Franklin D. Roosevelt
- 6. When life gets you down, do you wanna know what you've gotta do? Just keep swimming. Dory, Finding Nemo
- 7. The flower that blooms in adversity is the most rare and beautiful of all. Mulan
- 8. The very things that hold you down are going to lift you up. Timothy Mouse, Dumbo
- 9. Even miracles take a little time. Fairy Godmother, Cinderella
- 10. Our fate lives within us. You only have to be brave enough to see it. Merida, Brave
- 11. You are the champion your child needs. Don't doubt your role in this fight.
- 12. It's okay to feel. Let your feelings fuel your fight for your child.
- 13. A parent is the ultimate superhero.
- 14. Sometimes, just being there is enough.
- 15. Hope is the heartbeat of the soul.
- 16. You are stronger than you think.
- 17. Stars can't shine without darkness.
- 18. Every day holds the possibility of a miracle.
- 19. You've got this!
- 20. Today is tough, but you are tougher.
- 21. You are made of stardust and strength.

- 22. One day at a time, little warrior.
- 23. Healing takes courage and you've got plenty.
- 24. You're not alone in this we're cheering you on.
- 25. The sun always shines again after the rain.
- 26. Courage doesn't always roar. Sometimes it's a quiet voice at the end of the day that says, I will try again tomorrow.' Mary Anne Radmacher
- 27. You were born to be brave.
- 28. Even superheroes have hard days.
- 29. Being brave means doing it scared and doing it anyway.
- 30. You are a mighty little fighter.
- 31. Let your smile be your sunshine.
- 32. You are wrapped in love always.
- 33. Small steps still move you forward.
- 34. You are not your illness. You are a story of strength.
- 35. Each day is a fresh start.
- 36. The world is better with you in it.
- 37. You are deeply loved, every single day.
- 38. When you rest, your body is healing.
- 39. It's okay to rest. Rest is part of strength.
- 40. You don't have to be perfect just loved, and you are.
- 41. Your smile can light up a room.
- 42. You're growing stronger with every breath.
- 43. Every little victory counts celebrate them.
- 44. You're doing the best you can, and that's enough.

- 45. You've got magic in your heart.
- 46. Giggles are the best medicine.
- 47. Rainbows follow storms yours is coming.
- 48. You're a rainbow after a rainy day.
- 49. Nap like a koala, fight like a lion.
- 50. Even on slow days, your heart beats strong.