

Low-Stimulation Shows for Toddlers

Here's a quick-reference list of calming, low-stimulating shows you can feel good about letting your toddler watch. Print it, post it on the fridge, or keep it handy for quiet time moments.

1. Daniel Tiger's Neighborhood
2. Bluey
3. Puffin Rock
4. Sarah & Duck
5. Little Bear
6. Franklin and Friends
7. Elinor Wonders Why
8. Mister Rogers' Neighborhood
9. Guess How Much I Love You
10. Pocoyo
11. Llama Llama
12. Stella and Sam
13. Timmy Time
14. Tumble Leaf
15. Franklin
16. Oswald
17. Kipper the Dog
18. Maisy Mouse
19. The World of Peter Rabbit and Friends