

5-Minute Christmas Magic Framework

Simple ideas to create memorable holiday moments—no perfection required.

Time	Try This	Why It Works
5 min	Turn on Christmas lights + play one favorite Christmas song	Instant festive atmosphere
5 min	Read one page of a Christmas book before bed	Creates a comforting nightly ritual
15 min	Decorate one ornament together	Hands-on memory with minimal mess
15 min	Write a letter to Santa	Builds excitement and anticipation
60 min	Build a gingerbread house	A signature holiday memory
60 min	Bake cookies together	Sensory fun and family connection

Remember: Kids remember consistency more than complexity. Even five intentional minutes can become a treasured family tradition.