

# **Strong-Willed Toddler Toolkit**

Tools for Positive Parenting

## **Toddler Rules**

- Gentle Hands
- Markers On Paper
- We Stay Calm
- Stay With Parent
- Listen The First Time

## **Gentle Discipline Cheatsheet**

- Calm voice; low and slow
- Explain what to do instead
- Set consequences and follow through

## Daily Routine

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## Positive Praise Ideas

- You worked so hard!
- You did it all by yourself
- I love your imagination
- Great job listening!
- High five!
- What a great helper!
- That was challenging and you did it!
- You remembered the rules!