

Should I Let Natural Consequences Happen?

1. Is It Safe?

- Yes, the consequence will not cause serious harm.
- No, it could cause injury or extreme distress. (Step in!)

2. Is the Consequence Logical?

- Yes, it naturally follows the child's action.
- No, it feels random or disconnected.

3. Will the Child Learn From It?

- Yes, they will better understand cause and effect.
- No, it might just create frustration without learning.

4. Can They Handle the Emotional Outcome?

- Yes, with my support they can work through the feelings.
- No, it could overwhelm them without positive guidance.

5. Am I Ready to Support, Not Rescue?

- Yes, I can stay calm, empathetic, and resist 'fixing' it immediately.
- No, I might step in too soon.

Reminder:

Natural consequences are powerful teachers - but safety and emotional support always come first!