

## **Positive Affirmations for Kids**

- I am loved.
- I am brave.
- I am kind.
- I can do hard things.
- I believe in myself.
- I am strong.
- I am smart.
- I am a good friend.
- I am creative.
- I make a difference.
- I am proud of who I am.
- I am capable.
- I am important.
- I am unique.
- I am enough.