

Praise Scripts by Age

Keep these phrases nearby as quick reminders. Focus on effort, persistence, and specific actions—not labels or talent.

Toddlers (1–3)

- I saw you keep trying!
- You shared your toy. That was thoughtful.
- You didn't give up when it was tricky.
- You used gentle hands.
- You listened the first time.

Preschoolers (3–5)

- You kept practicing until it worked.
- You were brave even though you felt nervous.
- I noticed how carefully you solved that.
- You chose to help without being asked.
- Tell me about how you made that!

School Age (6–10)

- I noticed you checked your work.
- You stuck with a hard problem.
- You learned from your mistake.
- You asked for help—that's smart.
- Your practice is paying off.

Tweens (10–12)

- You changed your strategy when it wasn't working.
- That took courage.
- You kept your promise.
- I noticed your perseverance.
- You handled that with maturity.

Teens (13+)

- Your effort really shows.
- I noticed your growth.
- You kept going even when it was uncomfortable.

- That was a thoughtful decision.
- Asking for feedback helped you improve.

Remember: Praise effort, strategies, choices, persistence, and kindness—not intelligence, talent, or perfection.